

It took a while to get here, but fall finally has finally arrived. It's a beautiful time in Kentucky and autumn provides some of the most comfortable weather of the year. November 6th will mark the 10th anniversary of the opening of the Fitness Center and we are extremely grateful for the last decade here at the MAC. It is hard to believe that we have been operating the fitness center for that long! We are incredibly appreciative of all the folks who helped us get where we are today and look forward to many more years of providing fitness and recreation opportunities here in Meade County.

Fitness Center Updates

- **BEGINNING NOVEMBER 3: HOURS AT THE FRONT DESK WILL BE 9:00 am—7:00 pm on Weekdays**
- **BEGINNING NOVEMBER 8: HOURS AT THE FRONT DESK WILL BE 9:00 am— 6:00 pm on Weekends.**
- 24/7 access will be based between the staffed hours.
- I wanted to take a moment to clarify when access is available to utilize 24/7 cards at the fitness center. 24/7 cards will only work on the exterior doors when we are not staffed. This time frame can change from time to time, but generally this is from 7:00pm on weekdays, and 6:00pm on weekends until we open at 9:00am throughout Daylight Savings. During staffed hours, the front door is unlocked and both standard and 24/7 cards can be used to check-in at the front desk. **PLEASE SCAN EACH PERSONS CARD ON THE EXTERIOR DOORS WHEN UTILIZING 24/7 ACCESS!**

General Facility

- **RSV, STREP, FLU, COVID, ETC ARE ALL MAKING THEIR ROUNDS AGAIN.**
- **PLEASE CONTINUE TO WIPE DOWN EQUIPMENT AFTER EACH USE.**
- Please be aware of other members who may be waiting on equipment that you are using.
- Please wear the proper footwear and attire in the fitness center.
- Please be sure to re-rack weights in their designated area and place dumbbells back on the shelf.

Spin Classes

Did you know most MAC memberships allow you to take spin cycling classes at the MAC for FREE?

If you've never tried it I highly encourage you to try it! If you hate cardio... I encourage you to try it! If you love music and love motivation of a group setting I highly recommend you try it!!!!

If you would like to be added to the text group for Spin Classes or receive the NOVEMBER SCHEDULE please just email: aaron.greenwell@meadeactivitycenter.org

NEW PROJECTS

The new irrigation system will be installed by Gowin Irrigation in November. We are excited to overhaul the entire system and start fresh with new heads, valves, electric, and controllers in the spring of 2026. We started some seeding projects this fall with the ability to follow-up again in problem areas in the spring. The seeder that we acquired gives us the option of seeding nearly any type of grass including rye, fescue, bluegrass, bent, and bermuda grass.

- We are very likely going to replace all of our rental carts. We are working with Ladd's and will likely have a new fleet of Club Car Tempo Golf Carts by the Spring of 2026!
- The driving range is in need of an update in the offseason. The plan is to add an entire section of "artificial turf" at the back of both sections to have the ability to give our zoysia and bermuda hitting areas a break when they need to heal.

River Trace Golf

We would like to thank everyone that participated in the River Trace Fall Classic. This year provided some crazy weather with 85 degree temperatures on Saturday followed up with some cold, wind, and rain on Sunday. I'd also like to thank Travis Flaherty Chevrolet for sponsoring the tournament.

River Trace Fall Classic 2025 Results

3rd Flight:

2nd Place: Jerry Lucas & Todd Blackburn –Net Score =206

1st Place: Dontaie Smith & Derek Marnell—Net Score =203.75

2nd Flight:

3rd Place: Brian & Kyle Collin —Net Score = 211.50

2nd Place: Preston Smiley & Justin Amburgey—Net Score = 204.50

1st Place: Aaron & Chad Ford – Net Score = 202.75

1st Flight:

3rd Place: Andrew Buse & James Keith —Net Score = 210.50

2nd Place: Jarrett Joyner & Brian Gilroy—Net Score = 207.25

1st Place: Brian & Jenna Pike —Net Score = 196.50

Championship Flight: (GROSS)

2nd Place: Cameron Buse & Levi Keith—208

1st Place: Aaron Greenwell & Rodney Chancey—204



Santa's Best Ball December 14th.

\$100/team for River Trace Members. \$120/team Non-Members

NET BEST BALL (ONE SCORE PER TEAM PER HOLE)

Stroke play event, 18 holes.

This fun event features some difficult (naughty list tees and pin placements) holes, and some easy (Nice list tees and pin placements). A great way to wrap up the golf season.

Thank You for your support of the MAC!

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