

While October brought a plethora of weather patterns we've been fortunate to enjoy some very mild weather thus far. The opening week of November looks to be beautiful, and this time of year is always a scenic time around the MAC as we are privy to viewing both sides of the river and all the colors the fall foliage brings. November will also bring the 7th anniversary of the opening of the fitness center! The past 7 years have been amazing, and we would like to thank all of our local community members that have supported us since the beginning. We are offering many new programs for adults and children and they are highlighted throughout the newsletter.

Thank you,
Aaron Greenwell
Executive Director

Youth Basketball

The MAC is working with the MCHS Basketball Staff to offer Youth Basketball Leagues this season. Players will be participating in sessions between 6 and 8 weeks depending on grade level. Practice and games will be held throughout the scheduled dates with MAC/MCHS Coaches & Staff. The Boys & Girls league for grades K-2 will be designed as a developmental program and players will play on a modified court with lowered goals. Standard Boys League will be offered for grades 3-4. Games will be played at Barry Hahn Primary, Stuart Pepper Middle School, and/or David T. Wilson Elementary. Practice locations and times will vary. The season for all leagues will start with a fundamentals and skills assessment clinic. There will be an end-of-season tournament for the 3-4 grade Boys League. Jerseys and awards are included with registration fees. Fundamentals, skill building, and sportsmanship will be emphasized. **Financial Assistance is available for those who qualify.*

Thank you to BBTEL for Sponsoring our Youth Basketball Leagues.



Adult Fitness Programs

We are continuing to offer Spin Cycling Classes numerous times per week, and we offer drop-in opportunities for new participants each week. Stephanie Stone and Heather Cain are both instructing cycling classes and we are looking to offer additional adult fitness options. Look for information concerning new program opportunities via email, Facebook, and our website.

Fitness Center Updates

- **BEGINNING NOVEMBER 1: HOURS AT THE FRONT DESK WILL BE 9:00 am—7:00 pm on Weekdays**
- **BEGINNING NOVEMBER 5: HOURS AT THE FRONT DESK WILL BE 9:00 am— 6:00 pm on Weekends.**
- 24/7 access will be based between the staffed hours.

Fitness Center Reminders

- **Please be mindful of your language while in the gym. Our facility allows voices to carry, and we need to be aware of our fellow members while in the facility.**
- Please be aware of other members who may be waiting on equipment that you are using.
- Please wear the proper footwear and attire in the fitness center.
- Please don't congregate/socialize in an area that is being used by others on the fitness floor.
- Check-in at the front desk when an attendant is present.
- Please be sure to re-rack weights in their designated area and place dumbbells back on the shelf.

River Trace Golf

The golf course is still in fantastic shape, and the greens are as quick as they have been all year. The fairways that were seeded last fall are in unbelievable shape. Our staff is working hard to keep the leaves off the course, and the rye and fescue grasses have rebounded nicely with the cooler weather. The “Bluemuda” tee boxes are returning again which should allow us to avoid temporary teeing areas. When we do finally get rain, please watch for wet areas and pay attention to temporary signage throughout the off-season. We appreciate your willingness to help us continue to improve.

River Trace Events: We would like to thank everyone that participated in recent events including the Golan Brown Memorial Scramble and The River Trace Fall Classic.

River Trace Fall Classic Results

I owe thanks to more than a few people for their assistance during the annual Fall Classic Golf tournament!

- Travis Flaherty of Tony Brown Chevrolet for being the tournament sponsor!
- Justin Amburgey for helping with tournament logistics.
- Billy Hayden & Eddie Whelan for their donations to the event.
- Jessica Greenwell & Makenzie Tucker for overseeing the Par 3 Shootout.
- Mike Greenwell and Colin Crump for assisting with tournament scoring.
- Dennis Daniels for coordinating prizes.
- Most Importantly, Vince Bradley & Mike Greenwell for having the golf course in great shape.

Second Flight:

- 3rd: Mark Keys & Paul Keys
- 2nd: Bob Pollock & Ed Abner
- 1st: Mike Greenwell & Marty Greenwell

First Flight:

- 4th: Brian Pike & Jenna Pike
- 3rd: Dennis Daniels & Jarrett Joyner
- 2nd: Mike Trent & Keith Daub
- 1st: Mike Ford & Josh Wilson

Championship Flight:

- 1st: Aaron Greenwell & Neal Davis
- 2nd: Michael Crabtree & Matt Epperson

UPCOMING EVENTS: (Weather Permitting)

Santa’s Best Ball—\$80/Team (Best Ball—all players get 80% of their Handicap)

Thank You for your support of the MAC!

Meade Activity Center’s Board of Directors

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