



As I look out my window this morning one thing is very clear: Fall is officially upon us. Crisp morning weather and beautiful sunsets highlight a time in Kentucky that is loved by most. The dry and mild weather looks to continue over the next couple of weeks, and the mornings and evenings in the fall are hard to beat. Football season is in full swing and there's just something about fall that brings back memories of years past. Soon after fall break we will welcome some upcoming events and new youth basketball opportunities. We still have lots of great weather ahead of us, and we encourage everyone to take advantage of what might just be the best month to get out and enjoy the outside amenities here at the MAC.

*Thank you,  
Aaron Greenwell  
Executive Director*

## **MAC 24/7 Cards**

I wanted to take a moment to clarify when access is available to utilize 24/7 cards at the fitness center. 24/7 cards will only work on the exterior doors when we are not staffed. This time frame can change from time to time, but generally this is from 7:00 pm until we open the following morning (Currently 8:00 am). During staffed hours, the front door is unlocked and both standard and 24/7 cards can be used to check-in at the front desk.

## **Fitness Center UPDATES**

- **BEGINNING OCTOBER 24th: HOURS AT THE FRONT DESK WILL BE 9:00 am– 7:00 pm.**
- **24/7 access will be based in between those hours.**

Just a reminder that if you have any requests let our front desk staff know. If our patrons "wish list" references the same piece of equipment numerous times it will have an impact on what our targeted purchases are.

- Also, please report any issues you see in the gym with our staff members. This could be issues with equipment, TV's, app audio, or even other members.

## **Fitness Center**

- PLEASE CONTINUE TO WIPE DOWN EQUIPMENT AFTER EACH USE.
- Please be aware of other members who may be waiting on equipment that you are using.
- Please wear the proper footwear and attire in the fitness center.
- Please don't congregate/socialize in an area that is being used by others on the fitness floor.
- Check-in at the front desk when an attendant is present.
- Please be sure to re-rack weights in their designated area and place dumbbells back on the shelf.

### **River Trace Golf**

We would like to thank everyone that participated in the Golan Brown Memorial Scramble. Thanks to the Clark Family for continuing this event in Memory of Golan and for the benefit of his family.

### **River Trace Fall Classic Sponsored by Tony Brown Chevrolet**

- October 15-16—The Fall Classic is one of the marquee golf events each year at the MAC. This 2-person tournament uses 4 formats over 2 days and provides a great level of competition across all flights. Formats include scramble, alternate shot, best ball, and combined total. For information please email tournament director Aaron Greenwell: [aaron.greenwell@meadeactivitycenter.org](mailto:aaron.greenwell@meadeactivitycenter.org)
- December 18—Santa’s Best Ball—Course Closed after 12 noon

Congratulations to MCHS Ladywave golfer Peyton Bradley who qualified for the state tournament with a score of 78 at Heritage Hill Golf Club during the qualifier this week! Peyton will head to Bowling Green to compete as an individual to represent Meade County. Peyton was a junior golfer at River Trace for numerous years, and is the niece of our course superintendent Vince Bradley so we’re wishing her the best next week!

### **Youth Basketball**

The MAC is working with the MCHS Basketball Staff to offer Youth Basketball Leagues this season. Players will be participating in sessions between 6 and 8 weeks depending on grade level. Practice and games will be held throughout the scheduled dates with MAC/MCHS Coaches & Staff. The Boys & Girls league for grades K-2 will be designed as a developmental program and players will play on a modified court with lowered goals. Standard Boys League will be offered for grades 3-4. Games will be played at Barry Hahn Primary, Stuart Pepper Middle School, and/or David T. Wilson Elementary. Practice locations and times will vary. The season for all leagues will start with a fundamentals and skills assessment clinic. There will be an end-of-season tournament for the 3-4 grade Boys League. Jerseys and awards are included with registration fees. Fundamentals, skill building, and sportsmanship will be emphasized. *\*Financial Assistance is available for those who qualify.*

**Thank you to BBTEL for Sponsoring our Youth Basketball Leagues.**



**Thank You for your support of the MAC!**

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