While October brought a plethora of weather patterns we've been fortunate to enjoy some very mild weather thus far. The opening week of November looks to be beautiful, and this time of year is always a scenic time around the MAC as we are privy to viewing both sides of the river and all the colors the fall foliage brings. November will also bring the 6th anniversary of the opening of the fitness center! The past 6 years have been amazing , and we would like to thank all of our local community members that have supported us since the beginning. We are offering many new programs for adults and children and they are highlighted throughout the newsletter.

Thank you, Aaron Greenwell Executive Director

2021-2022 MAC/MCHS BOYS & GIRLS YOUTH BASKETBALL SPONSORED BY BBTEL

The MAC is working with the MCHS Basketball Staff to offer Youth Basketball Leagues this season. Players will be participating in sessions between 6 and 8 weeks depending on grade level*. Practice and games will be held throughout the scheduled dates with MAC/MCHS Coaches & Staff. The Boys & Girls league for grades K-2 will be designed as a developmental program and players will play on a modified court with lowered goals. Standard Boys & Girls Leagues will be offered for grades 3-4. Games will be played at Barry Hahn Primary, Stuart Pepper Middle School, and David T. Wilson Elementary. Practice locations and times will vary. The season for all leagues will start with a fundamentals and skills assessment clinic. There will be an end-of-season tournament for the 3-4 grade leagues. Jerseys and awards are included with registration fees. Fundamentals, skill building, and sportsmanship will be emphasized. *Financial Assistance is available for those who qualify.



Adult Fitness Programs

We are trying our best to get some new adult fitness programs off the ground as we head into the winter months. Heather Barr & Aaron Greenwell are both offering spin cycling, and Ashley Stull is offering yoga classes. Look for information concerning new drop-in and 6 week programs via email, facebook, and our website.

Fitness Center

- BEGINNING NOVEMBER 6: HOURS AT THE FRONT DESK WILL BE 9:00 am—6:00 pm on Weekends.
- BEGINNING NOVEMBER 8: HOURS AT THE FRONT DESK WILL BE 9:00 am 7:00 pm on Weekdays.
- <u>24/7 access will be based in between those hours.</u>

Just a reminder that if you have any requests let our front desk staff know. If our patrons "wish list" references the same piece of equipment numerous times it will have an impact on what our targeted purchases are.

- O WE WOULD LIKE TO REMIND MEMBERS TO WIPE DOWN EQUIPMENT AFTER EACH USE. THIS SEEMS TO HAVE GOTTEN A LITTLE BIT LAX OVER THE PAST 2 MONTHS. PLEASE HELP US KEEP THE MAC A CLEAN AND SAFE ENVIRONMENT FOR ALL.
- O Please be aware of other members who may be waiting on equipment that you are using.
- O Please wear the proper footwear and attire in the fitness center.
- O Check-in at the front desk when an attendant is present.
- O Please be sure to re-rack weights in their designated area and place dumbbells back on the shelf.

River Trace Golf

The golf course is still in fantastic shape, and the greens are as quick as they have been all year. The fairways that were seeded last fall are in unbelievable shape. Our staff is working hard to keep the leaves off the course, and the rye and fescue grasses have rebounded nicely with the cooler weather. The "Bluemuda" tee boxes are returning again which should allow us to avoid temporary teeing areas. Please watch for wet areas and pay attention to temporary signage throughout the off-season. We appreciate your willingness to help us continue to improve.

River Trace Events: We would like to thank everyone that participated in recent events including the Golan Brown Memorial Scramble and The River Trace Fall Classic.

River Trace Fall Classic Results

I owe thanks to more than a few people for their assistance during the annual Fall Classic Golf tournament!

- -Travis Flaherty of Tony Brown Chevrolet for being the tournament sponsor!
- -Mike Greenwell for helping with tournament logistics.
- -Jason Bewley for assisting with tournament scoring.
- -Dennis Daniels for coordinating prizes.
- -Vince Bradley, Mike Greenwell, and John Storms for having the golf course in phenomenal shape.

2nd flight:

3rd: Kevin Curry & McKinley Knopp

2nd: Joey & Logan English

1st: Wayne Darnall & Todd Medley

1st flight:

3rd: Billy Hayden & Jerry Lucas 2nd: Mike Ford & Josh Wilson 1st: Bob Pollock & Mike Greenwell

Championship:

1st Net: Brian & Jenna Pike

1st Gross: Charlie Cole & Aaron Greenwell

UPCOMING EVENTS: (Weather Permitting)

Santa's Best Ball

December 26th—12:00 Noon Shotgun Start

\$50/Team (Best Ball—all players get 80% of their Handicap)

Thank You for your support of the MAC!

Meade Activity Center's Board of Directors

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