



MAC Newsletter July 2021



June was a much different 30 days here at the MAC than what we experienced in 2020. The entire facility has been well attended and there has been a plethora of activity in all facility areas. July will be busy month with programs continuing in junior golf, adult fitness, youth swim lessons, and various golf tournaments. Please continue to be mindful of increased vehicle traffic, golf cart traffic, and small children in and around parking lots. We would like to welcome over 50 new MAC Members and hope that you are enjoying everything the MAC has to offer.

Aaron Greenwell
Executive Director

Aquatics

The aquatics area has been extremely active and we are happy to see so many members and guests enjoying the pool season. We have numerous children taking swim lessons through the month of July, and if we have the ability to offer an additional session we will entertain the idea of providing more swim lesson opportunities.

JUST A COUPLE OF REMINDERS:

****Pool will be closed on Mondays except Memorial Day***

July 1 – August 8: Standard Hours, 11:00 a.m. - 6:00 p.m.

**August 10 – TBA: Weekends – Standard Hours, 11:00 a.m. – 6:00 p.m.
(Tues-Fri.) Weekdays – Adjusted Hours, 4:00 p.m. – 6:00 p.m.**

****To schedule a Pool Party, coordinate through the Recreation Coordinators or Head Lifeguard.***

PER LINCOLN TRAIL HEALTH DEPARTMENT POOL PATRONS MUST BE 17+ YEARS OF AGE OR MUST BE ACCOMPANIED BY SOMEONE WHO IS AT LEAST 17 YEARS OF AGE.

Fitness Center / Membership

Membership numbers for the fitness center have steadily increased as expected once the state-issued mandates around COVID-19 have been lifted. WE STILL CERTAINLY ENCOURAGE EVERYONE TO PRACTICE GOOD HYGEINE AND PLEASE BE AWARE THAT IT TAKES EVERYONE WORKING TOGETHER TO KEEP THE MAC FITNESS CENTER IN THE SHAPE THAT IT IS:)

- **PLEASE CONTINUE TO WIPE DOWN EQUIPMENT AFTER EACH USE.**
- Please continue to social distance when you can do so in the gym.
- Please be aware of other members who may be waiting on equipment that you are using.
- Please wear the proper footwear and attire in the fitness center.
- Please don't congregate/socialize in an area that is being used by others on the fitness floor.
- Check-in at the front desk when an attendant is present.
- Please be sure to re-rack weights in their designated area and place dumbbells back on the shelf.

****Starting today: July 1, MAC FITNESS—JR. MEMBERSHIPS will be \$29/Month****

River Trace Golf

The golf course is somehow still getting better! Thanks to Vince, Mike, and John for their work to get the golf course in the shape that it's in. Just a reminder that we are still taking applications for the following:

- ◇ Belles & Beaus (August 7-8)

PROPOSED GOLF CALENDAR: Updated 7/1/21

- July 9—MCHS Glow Ball Scramble (6:00 PM Shotgun) - Course open until 5:30pm
- July 24—Otter Creek Cup vs. Lincoln Trail—Course Open
- July 25—Frank Lucas Fundraising Scramble—Course Closed beginning at 2pm
- August 1—Bridge Cup vs. Old Capital @ RT 8/1/21—Course Open @ 11am
- August 7-8—Belles & Beaus Couples Tournament—Course Closed
- August 28-29—River Trace Club Championships—Course Open Sat, Course Open @ Noon Sun
- September 25—Golan Brown Memorial Scramble—Course Open @ 2:30pm
- October 16-17—River Trace Fall Classic 2 Player Tournament—Course Closed
- Anyone who did not renew their handicap by March 30th has been removed from the active roster.

CONGRATS TO OUR TEAM FROM RIVER TRACE FOR RETAINING THE RYDER CUP TITLE VS. DOE VALLEY!

BIG THANKS TO THE VOLUNTEERS WHO HELPED WITH GOLF CAMP! - Mike Greenwell, Bob Pollock, Tom Moore, Brady Pollock, Vi Barr, Debbie Robinson, Haley English, John Hamilton, Brooks Nelson, Jenna Pike, and Wayne Patterson.

Afterschool Programs

We are looking forward to offering the REC League Afterschool program at Brandenburg and Flaherty again beginning in August. If you are interested please reach out to site coordinator Terry Lancaster.

Adult Fitness Programs

We have a few different offerings for adult fitness this summer: (NEW ROUND OF CLASSES STARTING SOON!)

- Spin Cycling—Heather Barr Is teaching classes on various days/times.
- Yoga— Ashley Stull is teaching class on Tuesdays in June/July.

Thank You for your support of the MAC!

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