

March 1st provided reason for optimism in the weather with an abundance of sunshine headed our way. After mistakenly saying that I was going to be optimistic about February, mother nature laughed at that statement and gave us a month I'm sure everyone is glad to have behind them. The fitness center has been extremely busy, and most of us are looking forward to a break in the weather, especially while we continue to deal with the effects of COVID-19. This time of year is exciting with improving weather, high school and college basketball, and preparation for the summer months ahead. New Adult Fitness options will continue to be rolled out, and we are working right now to develop a plan for youth programming the 2nd half of the year. We welcome all of our new MAC Members and hope that you are working diligently towards your wellness goals.

Aaron Greenwell
Executive Director

Membership Specials



Beginning March 1st, we will begin our "MAC March Madness" Membership Special. NEW members will have an opportunity to win waived Join Fees & 1 FREE MONTH. (New Members will have a chance to make a "Special Shot" that will grant them the incentive above)

FITNESS REMINDERS:

• **MASKS—THE STATE CONTINUES TO MANDATE THAT PATRONS WEAR MASKS ABOVE BOTH THE MOUTH AND NOSE AT ALL TIMES WHILE IN THE FITNESS CENTER**

• **Re-Racking Weights** – Please be sure to re-rack weights in their designated area and place dumbbells back on the shelf.

○ PLEASE CONTINUE TO WIPE DOWN EQUIPMENT AFTER EACH USE.

○ Please continue to social distance when you can do so in the gym.

○ Please be aware of other members who may be waiting on equipment that you are using.

○ Please wear the proper footwear and attire in the fitness center.

○ Please don't congregate/socialize in an area that is being used by others on the fitness floor.

○ Check-in at the front desk when an attendant is present.

○ If you are in a class and have more than your keys/cell phone with you please use a cubbie. We don't want anyone potentially tripping on personal belongings in the studios or the hallway. If you come in early for a class, please be mindful of those in the class before you. Please do not enter before another class has dismissed, and be sure to wait in an area that will not provide distraction to other participants.

Drop-In Classes / Scheduled 6 week Adult Fitness

We are in the early stages of revisiting both drop in and scheduled adult fitness opportunities. Until we have the ability to work at full capacity, facebook posts and text groups will be utilized for updating members/program participants. If you would like to be added to a text list for a specific adult fitness class email:

aaron.greenwell@meadeactivitycenter.org

- Be sure to include your name and cell number.

- Just a reminder that we are accepting registrations / renewals for USGA Handicaps. Handicap Fees will be \$32 for adults in 2021.
- Juniors under 18 will be \$15
- Anyone who does not renew their handicap by March 30th will be removed from the active roster. In addition to registrations for handicaps, we will also begin to accept registrations for the Spring Fling after Valentine's Day.

*We may offer some extra events from time to time that will not close the course. Members on the active roster for USGA Handicaps will be contacted via email about potential opportunities.

FEES UPDATE—BEGINNING APRIL 1, 2021

Beginning 4/1/21 we will observe a revised schedule of fees associated with golf carts at River Trace GC.

Beginning April 2021

- Cart Space Gas \$17/month
- Cart Space Electric \$21/month
- Trail Fee Private Cart \$9/month
- Member Rental Cart Fee \$11/RENTAL

Proposed 2021 Tournament Schedule: UPDATED 2/1/21

- March 27—Spring Fling (Net Partner Event) 1st Qualifier for Ryder Cup, Bridge Cup, & Shootout
- June 5—Ryder Cup vs. Doe Valley @ Doe Valley
- June 5-6—Bridge Cup vs. Old Capital — @ Old Cap Sat the 5th @ River Trace Sun. the 6th.
- June 19—Meade County Chamber of Commerce 2 Person Scramble
- July 31-Aug 1—River Trace Club Championships
- August 7-8—Belles & Beaus Couples Tournament
- August 21—LT / RT / ECC Shootout @ ECC
- September 25—Golan Brown Memorial Scramble
- October 16-17—River Trace Fall Classic 2 Person Tournament

Spring Reminders:

- Tuesday Men's Scramble will (officially) start at 10:00 am beginning in April.
- Tuesday Couples Scramble will begin at 5:30 pm beginning in April.
- Wednesday Ladies League will begin at 10:00 am in April.
- Friday Gentleman's League will (officially) start at 10:00 am beginning in April.

Thank You for your support of the MAC!

Meade Activity Center's Board of Directors

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