

Instead of writing something fairly monotonous for the intro of the newsletter this month, I decided to bring a candid & honest piece of myself to the table. The truth is, I despise winter and pretty much everything that comes with it after the Holiday Season. As someone who does not embrace cold weather or winter months, February is like the middle segment of a long drive: You're far from the beginning (winter), but nowhere near the end of the odyssey. Sometimes this blustery 28 day stretch can seem like 3 brutal months in itself. With that said, I've decided that I'm going to make the most of February 2021. I encourage everyone else struggling with the winter blues coupled with COVID protocol to follow my lead and try something new this month. I'm going to take walks every day that it's tolerable to push my little boy in a stroller. I'm going to try speed golf on the golf course the first day it's dry and above 40 degrees. Finally, I'm going to toughen up and start teaching adult fitness classes again in a mask. If health care workers can wear one around the clock, then I know we can tough it out for half an hour! I am happy to announce that we are going to begin offering adult fitness programs again this month. We will be working with instructors to bring new fitness options to our members without putting our patrons in compromising scenarios. It's been said many times before, but attitude truly is everything!

Aaron Greenwell
Executive Director

VALENTINE'S SPECIAL

We will continue to offer our Valentine's Special. This is eligible to NEW & RETURNING members, and these folks will enjoy the remainder of February for FREE!

Membership Updates

With the expansion of the MAC and the size of our membership base, we are utilizing email-based correspondence more and more everyday. If you need to add an email address to your account, or you need to update your email address, please reach out to us at:

info@meadeactivitycenter.org

FITNESS REMINDERS:

- **MASKS—THE STATE CONTINUES TO MANDATE THAT PATRONS WEAR MASKS ABOVE BOTH THE MOUTH AND NOSE AT ALL TIMES WHILE IN THE FITNESS CENTER**
- **Re-Racking Weights** – Please be sure to re-rack weights in their designated area and place dumbbells back on the shelf.
- PLEASE CONTINUE TO WIPE DOWN EQUIPMENT AFTER EACH USE.
- Please continue to social distance when you can do so in the gym.
- Please be aware of other members who may be waiting on equipment that you are using.
- Please wear the proper footwear and attire in the fitness center.
- Please don't congregate/socialize in an area that is being used by others on the fitness floor.
- Check-in at the front desk when an attendant is present.
- If you are in a class and have more than your keys/cell phone with you please use a cubbie. We don't want anyone potentially tripping on personal belongings in the studios or the hallway. If you come in early for a class, please be mindful of those in the class before you. Please do not enter before another class has dismissed, and be sure to wait in an area that will not provide distraction to other participants.

River Trace Golf

The golf course did not see much play in the past few weeks. January cold, snow, wind, and grey skies just did not provide much opportunity to get out on the course. We ask for everyone’s help by driving carts on the path or in the rough at all times. If we can control cart traffic, we can control erosion and damage. In relation to controlling turf damage, we’d like to emphasize the use of the artificial turf in the offseason on the driving range. We’ve made lots of improvements to the driving range including overseeding the bermuda grass, but for the foreseeable future the Driving Range will continue to utilize “tour turf” only.

Just a reminder that we are accepting registrations / renewals for USGA Handicaps. Handicap Fees will be \$32 for 2021. (Juniors under 18 will be \$15) Anyone who does not renew their handicap by March 30th will be removed from the active roster. In addition to registrations for handicaps, we will also begin to accept registrations for the Spring Fling after Valentine’s Day.

*We may offer some extra events from time to time that will not close the course. Members on the active roster for USGA Handicaps will be contacted via email about potential opportunities.

FEES UPDATE—BEGINNING APRIL 1, 2021

Beginning 4/1/21 we will observe a revised schedule of fees associated with golf carts at River Trace GC.

Beginning April 2021

- Cart Space Gas \$17/month
- Cart Space Electric \$21/month
- Trail Fee Private Cart \$9/month
- Member Rental Cart Fee \$11/RENTAL

Proposed 2021 Tournament Schedule: UPDATED 2/1/21

- March 27—Spring Fling (Net Partner Event) 1st Qualifier for Ryder Cup, Bridge Cup, & Shootout
- June 5— Ryder Cup vs. Doe Valley @ Doe Valley
- June 5-6—Bridge Cup vs. Old Capital — @ Old Cap Sat the 5th @ River Trace Sun. the 6th.
- June 19— Meade County Chamber of Commerce 2 Person Scramble
- July 31-Aug 1—River Trace Club Championships
- August 7-8—Belles & Beaus Couples Tournament
- August 21— LT / RT / ECC Shootout @ ECC
- September 25—Golan Brown Memorial Scramble

Thank You for your support of the MAC!

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