



Last week we announced that we would be reopening the fitness center on June 1st. We would like to thank our members and guests for your cooperation in social distancing and keeping the MAC a safe place to enjoy some exercise and recreation. The past few months have been very stressful for everyone, but we are looking forward to getting back to a sense of normalcy very soon. I have attached the State of Kentucky Guidelines with the newsletter for everyone. We must follow the protocol set forth by the governor's office if we are going to be able to open and do so in a responsible manor. This is going to be a learning experience for everyone including us. Some of our internal policies may change over time, but the items listed in RED aren't things we can change at our discretion. Below are some of the mandates in bullet point form so that you have an idea of what to expect when you visit the fitness center.

- **MAC FITNESS CENTER HOURS**— 7:00 am—9:00 pm (24/7 Access must be temporarily suspended to ensure proper sanitation and cleaning of all equipment and facilities. We will be staffed ALL DAY.)
- **MAX NUMBER OF PATRONS ALLOWED**—We are allowed 33% of capacity which will be 15 persons at a time @ the MAC Fitness Center. We do not think this will be an issue except possibly from 4:00pm-7:00pm.
- **MAXIMUM WORKOUT TIME**— Due to limited numbers of patrons at any given time, the maximum time allowed for a workout will be 1 Hour for the first two weeks we are open. This time may be increased based on demand.
- **ENTRY / EXIT**— All patrons must enter and exit through the front doors. We have to have all members check-in and check-out due to the capacity issues.
- **ALL MEMBERS MUST USE HAND SANITIZER BEFORE CHECKING IN**
- **ALL MEMBERS MUST CLEAN EQUIPMENT BEFORE AND AFTER EACH USE**
- **MEMBERS MUST PRACTICE SOCIAL DISTANCING OF 6 feet OR MORE**
- **MEMBERS WILL NOT BE ALLOWED TO UTILIZE THE FACILITY IF THEY ARE EXHIBITING SYMPTOMS OF BEING SICK.** (Please stay home if you don't feel well or think you could have possibly been exposed to COVID-19)
- **MEMBERS ARE DISCOURAGED FROM EXERCISING IN GROUPS (Spotting, Assisting)**
- **WATER FOUNTAINS WILL BE TAKEN OUT OF ORDER (Please bring your own bottle of water)**
- **ONE PERSON WILL BE ALLOWED IN THEIR RESPECTIVE RESTROOM AT A TIME. EXTERIOR RESTROOM DOORS WILL BE KEPT OPEN TO HELP WITH VENTILATION**
- **EMPLOYEES ARE REQUIRED TO WEAR MASKS AND GLOVES**
- **MEMBERS ARE ENCOURAGED TO WEAR PROTECTIVE MASKS AND OR GLOVES (Not Mandated)**
- **NO CHILDREN'S STATIONS / PLAY AREAS ARE ALLOWED**
- **ANY CHILD IN THE FITNESS FACILITY MUST BE AT LEAST 10 YEARS OLD, WORKING OUT, AND MUST BE ABLE TO FOLLOW ANY PROTOCOL SET FORTH.**
- **WE WILL HAVE A PARTITIONED AREA SET UP FOR ANY MEMBERS WHO ARE DEEMED HIGH RISK**
- **MEMBERS WILL BE ASKED TO SIGN A NEW WAIVER BEFORE UTILIZING THE FACILITY FOR THE 1ST TIME**
- **ADULT FITNESS CLASSES WILL BE OFFERED, BUT WILL BE REDUCED CONSIDERABLY IN CAPACITY**
- **WE MUST ELIMINATE "Lost and Found" AREAS**
- **EQUIPMENT HAS BEEN MOVED TO ENCOURAGE SOCIAL DISTANCING**
- **LOCKERS AND SHOWER AREAS WILL BE CLOSED**
- **MEMBERS ARE ASKED TO ONLY BRING YOUR MOST ESSENTIAL PERSONAL BELONGINGS INTO THE GYM: Keys/Phone etc.**
- **UPPER CONCOURSE AND STAIRWELLS WILL BE CLOSED EXCEPT FOR OFFICIAL GROUP CLASSES**

We are excited to continue to expand our offerings to members and guests, but must do so in a responsible fashion. Thanks so much for your understanding,

Aaron Greenwell  
Executive Director

### **Summer Camps & Aquatics**

MAC Summer Camps and Aquatics have not been cleared by the state or the district health department. Any new Information concerning these areas will be emailed to members and will also be available on our website and on our Facebook Page.

### **River Trace Golf**

We do have a couple of important announcements concerning the golf course and policies/mandates that must be followed.

- We cannot allow groups to congregate around the practice green.
- We cannot allow groups to congregate around the driving range.
- We cannot allow groups to congregate around the pavilion. (CLOSED)
- We cannot allow groups to congregate at all . (If the Tuesday Mens League, Wednesday Ladies Group, Friday Gentlemens League, or any other group needs to determine the status of your game you should do so in the back parking lot and SPREAD OUT!!!)
  
- **We are only allowing one person in the golf shop at a time for any MAC /River Trace transaction**
- **Restrooms will be reopened June 1.**
- **One Person per rental Cart unless you live in the same household.**
- **We will allow members to utilize their autopay whether it be an EFT or CC for daily transactions.**
- **Non-Members will need to use a credit or debit card for daily transactions. (NO CASH PAYMENTS)**
- **FLAGSTICKS ARE TO REMAIN IN THE CUP AT ALL TIMES. BUNKERS SHALL BE PLAYED LIFT, CLEAN, & PLACE.**
- **Anything that has to handed to you will be done by a staff member wearing protective gloves. Keys will be kept in bleach water.**
- **GOLF CARTS WILL BE DISENFECTED AFTER EACH USE.**

### **Ryder Cup**

Our team from River Trace took back the Ryder Cup in style with a big win over Doe Valley on May 9th. Our captain Ed Abner and his team that included: Mark Keys, Joey English, Haley English, Keith Daub, Todd Medley, Justin Amburgey, Brent Hottell, Nate Wilson, Cooper Crump, Cole Corley, and Matthew Wilson won the matches 17.5 - 6.5

Thanks to Ed Abner, Aaron Greenwell, Mike LaFrance, Lloyd McCollum and our staff for your work on creating a fun event within our community.

### **UPCOMING EVENTS**

May 30—Bridge Cup—River Trace vs. Old Capital (Day 1 @ River Trace) - 12 Players who qualified or were Captain's picks will play against Old Capital in the annual event.

COURSE CLOSED UNTIL 3:30 PM

July 25-26—River Trace Club Championships— Club Championships for Men & Ladies. There will be various flights and senior divisions.

August 1-2—Belles & Beaus Tournament—The 42nd installment of this tournament is on as scheduled. Limited to the first 24 registered teams.

## **Thank You for your support of the MAC!**

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