

REGISTRATION

Drop off or Mail registration form and fee to: Meade Activity Center
493 Lawrence St, Brandenburg, KY 40108

***REGISTRATION DEADLINE:** 2 days prior to start date for all programs (space permitting).
Registration is accepted on a first-come/first-served basis. Programs will fill quickly, so please register early.

Name: _____ Age: _____ Date of Birth: ____/____/____ M/F: _____
 Race: _____ E-Mail Address: _____
 Address: _____ City: _____ Zip: _____
 Parent's Name: _____ Date of Birth: ____/____/____
 Primary Phone: _____ Secondary Phone: _____
 Contact Person: _____ Phone: _____

In consideration for being permitted to participate with the Meade Activity Center for any purpose including but not limited to utilization and/or observation of its facilities, services, and programs, without respect to location, the undersigned, for himself or herself and any personal representatives, assigns, heirs, and next of kin hereby agrees to release, waive and discharge the MAC, its directors, officers, Board of Directors, employees, and agents from all liability for any loss or damage to personal property, and/or any claims or demands therefor on account of injury or death of the undersigned. The undersigned agrees that the forgoing Release and waiver of Liability is intended to be as broad and inclusive as is permitted by the law of the Commonwealth of Kentucky. The Undersigned also acknowledges that he/she has both read and voluntarily signed this Release and Waiver of Liability. I have read the Release.

 Name of Participant (Print) Signature Parent or Guardian Signature
 I give the MAC permission to use my child's photo in promotional literature: _____ Yes _____ No

____ I am interested in being a coach for MAC Youth Basketball leagues (Head Coach = \$10 discount)

*Family information is needed for our collaboration with the Foundation for a Healthy KY and for future grant opportunities.
 *Financial Assistance is available for those who qualify, call the MAC Office for details.
 *All cancellations due to inclement weather will be posted on our website and facebook page.
 *Meade Activity Center Members receive a 20% discount on all programs.

Youth Sports

- _____ Preschool Tumbling (3-4): \$39/\$48
- _____ Jumpers (5-10): \$39/\$48
- _____ Flippers (5-10): \$39/\$48
- _____ Springers (9-12): \$39/\$48

Youth Basketball

- _____ Boys Grades K-2: \$40/\$50
- _____ Boys Grades 3-4: \$50/\$60
- _____ Boys Grades 5-6: \$50/\$60

Adult Fitness

- _____ NEW! Total Body Blast (16+): \$30/\$42
- _____ Floor Hatha Yoga (16+): \$24/\$35

Shirt Size (circle one): Youth S Youth M Youth L Adult S Adult M Adult L *T-Shirts for all programs excluding Adult Fitness*

MAC Youth Basketball Sponsor

The MAC would like to thank KORT Physical Therapy for graciously sponsoring our Youth Basketball Leagues. Your support across various MAC programs is greatly appreciated.



The MAC is also a
Proud Partner of The United Way of
Central Kentucky:



United Way
of Central Kentucky



FALL 2 SESSION 2018

- *MAC/MCHS Youth Basketball Leagues
- *Gymnastics
- *Adult Fitness



"The MAC is not a building, it's about People"

493 Lawrence Street
 Brandenburg, KY 40108
 (270) 422-2227
 (270) 422-7774 FAX
 info@meadeactivitycenter.org
 www.meadeactivitycenter.org

"At the MAC, We're Serious About Having Fun"

FALL 2 ADULT PROGRAMS

NEW! Total Body Blast – (Ages 16+)

Class will be focused on "blasting" muscle groups and toning the entire body. This class will have participants utilizing free weights and some energy within. Will include light stretching post workout.

Instructor: Brittany Barr

Cost: \$42.00 (\$30.00 MAC Members)
Times: Saturdays 9:00 a.m. – 9:45 a.m.
Location: MAC Studio
Dates: Saturdays, Nov. 3 – Dec. 15
(No Class on Saturday Nov. 24)

Floor Hatha Yoga Class (Ages 16+)

This class is designed to move from the floor to standing to ending with floor exercises that lead into a supine meditation. Chairs, blocks, blankets, balls, and straps will be utilized. This class is designed for the exercise beginner to the moderate athlete desiring stress reduction and an overall feeling of harmony.

Instructor: Debbie McKinnon.

Cost: \$35.00 (\$24.00 MAC Members)
Times: Mondays 6:30 p.m. – 7:30 p.m.
Location: MAC Studio
Dates: Mondays, Nov. 5 – Dec. 10



FALL 2 GYMNASTICS

Preschool Tumbling – (Ages 3-4)

Children will learn basic stretching, movements, balance coordination, and beginning tumbling.

Cost: \$48.00 (\$39.00 MAC Members)
Times: 9:00 a.m. – 9:30 a.m.
Location: David T. Wilson Elementary
Dates: Sat., Nov. 3 – Dec. 15
(No Class Sat., Nov. 24)

Jumpers – (Ages 5-10)

In this class children will learn basic stretching, log rolls, forward rolls, backward rolls, basic splits, headstands, into cartwheels, and several types of jumps.

Cost: \$48.00 (\$39.00 MAC Members)
Times: 9:30 a.m. – 10:15 a.m.
Location: David T. Wilson Elementary
Dates: Sat., Nov. 3 – Dec. 15
(No Class Sat., Nov. 24)

Flippers – (Ages 5-10)

Children will build from the Jumpers class and will also learn how to do handstands, bridges, cartwheels, hurdles, handstand rolls, and snap downs.

Cost: \$48.00 (\$39.00 MAC Members)
Times: 10:15 a.m. – 11:00 a.m.
Location: David T. Wilson Elementary
Dates: Sat., Nov. 3 – Dec. 15
(No Class Sat., Nov. 24)

FALL 2 GYMNASTICS

Springers – (Ages 9-12)

Children will build from Flippers and will learn cartwheels, roundoffs, and back handsprings.

Cost: \$48.00 (\$39.00 MAC Members)
Times: 10:15 a.m. – 11:00 a.m.
Location: David T. Wilson Elementary
Dates: Sat., Nov. 3 – Dec. 15
(No Class Sat., Nov. 24)



BOYS YOUTH BASKETBALL



Boys Grades K-2

Cost: 6 Weeks - \$50.00 (\$40.00 MAC Members)
Time: Games between 9:00 a.m. – 12:00 p.m.
Location: David T. Wilson Elementary
Dates: Sat., Oct. 27 – Dec. 8 (Off Nov 24)

Boys Grades 3-4

Cost: \$60.00 (\$50.00 MAC Members)
Time: Games between 8:00 a.m. – 12:00 p.m.
Location: Brandenburg Primary
Dates: (Projected) Sat., Dec. 8 – Feb. 16
EVALUATIONS ON NOV. 12 @ 6:00 p.m. – MCHS

Boys Grades 5-6

Cost: \$60.00 (\$50.00 MAC Members)
Time: Games between 8:00 a.m. – 12:00 p.m.
Location: James R. Allen Freshman Academy
Dates: (Projected) Sat., Dec. 8 – Feb. 16
EVALUATIONS ON NOV. 12 @ 7:15 p.m. – MCHS

REGISTRATION DEADLINES

Grades K-2: Two days prior to start date.

Grades 3-6: Two days prior to evaluation date.

All Grades: (space permitting) - Registration is accepted on a first-come/first-served basis. Register early. WE WILL RUN OUT OF SPACE!

Financial Assistance available to those who qualify. Contact the MAC office for additional information.