



**High School Rules will prevail except for the following:**

1. All Players will play a minimum of 3 four-minute segments. Player's must play in both halves.
2. A game will consist of four 8 minute quarters (sub every 4 minutes until last quarter). The clock will run continuous until the last 1:00 of each half. Clock will then stop on the whistle.
3. Players have the option to shoot free throws from 12 feet or 15 feet if necessary.
4. The smaller sized basketball 28.5 will be used.
5. The clock will stop at or as close to the 4 minute mark of each quarter to allow for substitutions. **THIS IS NOT A TIMEOUT, BUT PLAYERS WILL HAVE TIME TO MATCH UP AT HALF COURT.** Unless an injury occurs or a player fouls out, this will be the only time a player may enter the game, EXCEPT DURING/AFTER a time-out.
6. Teams will get one time-out per half. Halftime will be 2 minutes.
7. Each team will play 1/2 court man to man defense. (2-3 Zone Defense will be allowed only in the first half, **ONLY FOR 5<sup>th</sup> & 6<sup>th</sup> GRADE in Boys**)
8. Backcourt defense **will not** be allowed, **NOR WILL TRAPPING IN THE FRONT COURT.** (Help Defense will be allowed)
9. Backcourt defense and TRAPPING **will** be allowed during the last 2 minutes of a game if the score is under a 10 point deficit.
10. Each team should be at their respective location at the designated time.
11. EACH PLAYER COACH AND SPECTATOR IS EXPECTED TO EXHIBIT GOOD SPORTSMANSHIP AT ALL TIMES. Any player who does not act properly will be removed from the game and possibly the league. Any coach who does not act properly will be removed from the game and possibly the league.
12. Any fan who does not act in a proper manner will be removed from the gym. If this occurs, and the fan refuses to leave, the game will end at that point.
13. Meade Co. High School Basketball Coaches are in charge of the facility they are in.