

REGISTRATION

Drop off or Mail registration form and fee to: Meade Activity Center
493 Lawrence St, Brandenburg, KY 40108

***REGISTRATION DEADLINE:** 2 days prior to start date for all programs (space permitting).
Registration is accepted on a first-come/first-served basis. Programs will fill quickly, so please register early.

Name: _____ Age: _____ Date of Birth: ____/____/____ M/F: _____

Race: _____ E-Mail Address: _____

Address: _____ City: _____ Zip: _____

Parent's Name: _____ Date of Birth: ____/____/____

Primary Phone: _____ Secondary Phone: _____

Contact Person: _____ Phone: _____

In consideration for being permitted to participate with the Meade Activity Center for any purpose including but not limited to utilization and/or observation of its facilities, services, and programs, without respect to location, the undersigned, for himself or herself and any personal representatives, assigns, heirs, and next of kin hereby agrees to release, waive and discharge the MAC, its directors, officers, Board of Directors, employees, and agents from all liability for any loss or damage to personal property, and/or any claims or demands therefor on account of injury or death of the undersigned. The undersigned agrees that the forgoing Release and waiver of Liability is intended to be as broad and inclusive as is permitted by the law of the Commonwealth of Kentucky. The Undersigned also acknowledges that he/she has both read and voluntarily signed this Release and Waiver of Liability. I have read the Release.

Name of Participant (Print) _____ Signature _____ Parent or Guardian Signature _____

I give the MAC permission to use my child's photo in promotional literature: _____ Yes _____ No

*Family information is needed for our collaboration with the Foundation for a Healthy KY and for future grant opportunities.
*Financial Assistance is available for those who qualify, call the MAC Office for details.
*Meade Activity Center Members receive a 20% discount on all programs.

Gymnastics & Cheerleading

- _____ Preschool Tumbling (3-4): \$36/\$45
- _____ Jumpers (5-10): \$36/\$45
- _____ Flippers (5-10): \$36/\$45
- _____ Springers (9-12): \$36/\$45

Martial Arts

- _____ Intro to Martial Arts (9-16): \$44/\$55
- _____ Tiny Tigers Martial Arts (6-9): \$44/\$55
- _____ Ladies Self-Defense (13+): \$18/\$30

Golf

- _____ PGA Jr. Golf League (9-13): \$135/\$108

Shirt Size (circle one): Youth S Youth M Youth L Adult S Adult M Adult L



PGA Junior League Golf, a proven and innovative program has unveiled the schedule for the 2017 season. The regular season, which features roughly four to seven recreational games for golfers of all abilities depending on league size, may begin as early as April 1 and must conclude by July 31st. League Captains have sole discretion for the scheduling of their games and practices within this time frame.

Upon the completion of the regular season, 10-player all-star teams are assembled, comprised of a combination of players in each league. These all-star teams then compete in sub-regional championships for a chance to earn a spot at one of the eight re-



SPRING SESSION 2017

- *Gymnastics
- *Martial Arts
- *Ladies Self Defense
- *PGA Jr. Golf League



United Way
of Central Kentucky

MAC's MISSION
To promote active lifestyles and a healthy community through education, wellness, and recreation opportunities for all.

493 Lawrence Street
Brandenburg, KY 40108
(270) 422-2227
(270) 422-7774 FAX
info@meadeactivitycenter.org
www.meadeactivitycenter.org

Note: All cancellations due to inclement weather will be announced through our website and Facebook.

"At the MAC, We're Serious About Having Fun"

SPRING GYMNASTICS & CHEERLEADING

Preschool Tumbling – (Ages 3-4)

Children will learn basic stretching, movements, balance coordination, and beginning tumbling.

Cost: \$45.00 (\$36.00 MAC Members)

Times: 9:00 a.m. – 9:30 a.m.

Location: David T. Wilson Elementary

Dates: Saturdays, March 18-May 6

(No class April 1 or 8)

Jumpers – (Ages 5-10)

In this class children will learn basic stretching, log rolls, forward rolls, backward rolls, basic splits, headstands, into cartwheels, and several types of jumps.

Cost: \$45.00 (\$36.00 MAC Members)

Times: 9:30 a.m. – 10:15 a.m.

Location: David T. Wilson Elementary

Dates: Saturdays, March 18-May 6

(No class April 1 or 8)

Flippers – (Ages 5-10)

Children will build from the Jumpers class and will also learn how to do handstands, bridges, cartwheels, hurdles, handstand rolls, and snap downs.

Cost: \$45.00 (\$36.00 MAC Members)

Times: 10:15 a.m. – 11:00 a.m.

Location: David T. Wilson Elementary

Dates: Saturdays, March 18-May 6

(No class April 1 or 8)

SPRING GYMNASTICS & CHEERLEADING

Springers – (Ages 9-12)

Children will build from Flippers and will learn cartwheels, round-offs, and back handsprings.

Cost: \$45.00 (\$36.00 MAC Members)

Times: 10:15 a.m. – 11:00 a.m.

Location: David T. Wilson Elementary

Dates: Saturdays, March 18-May 6

(No class April 1 or 8)



SPRING MARTIAL ARTS

Tiny Tigers Martial Arts – (Ages 6-9 / Grades 1-3)

The class curriculum will be a blend of Tae Kwon Do and Shaolin-do martial arts. Students will learn various stances, blocks, kicks and punches while improving their balance, focus, self-control, and coordination. (Lindsey Frank – Instructor)

Cost: \$55.00 (\$44.00 MAC Members)

Times: 5:00 p.m. – 6:00 p.m.

Location: David T. Wilson

Dates: Thursdays, Mar. 23 – May 18

(No class April 6)



MAC Youth Introduction to Martial Arts - (9-16)

This class will consist of a wide range of martial arts styles focusing on a variety of basic martial arts techniques including stances, rolls, strikes, blocks, and holds. Students will develop greater focus, self-control, balance, strength, and endurance. All students will be considered a beginner rank in this new curriculum. (Garrett Frank – Instructor)

Cost: \$55.00 (\$44.00 MAC Members)

Times: 5:30 p.m. – 6:30 p.m.

Location: MAC Studio B

Dates: Tuesdays, Mar. 21 – May 16 (8 Weeks)

(No class April 4)

Ladies Self-Defense – (Ages 13+)

Participants will learn and practice a variety of martial art techniques used in self-defense. Participants will also increase their situational awareness in a variety of scenarios. (Garrett Frank – Instructor)

Cost: \$30.00 (\$18.00 MAC Members)

Times: 6:45 p.m. – 7:45 p.m.

Location: MAC Studio B

Dates: Tuesdays, Mar. 21 – May 2 (6 Weeks)

(No class April 4)

PGA JR. LEAGUE



PGA Junior Golf League – (Ages 9-13)

League will be formed for ages 9-13. This nationally recognized program have participants playing competitions of 9 holes. Home and away matches will be utilized in this program. (No additional greens fees or additional costs will apply)

Chad Pickering: Head Coach

Cost: \$135.00 (\$108.00 MAC Members)

Times: TBA

Location: Various

Dates: TBA



Financial Assistance Available to those who qualify. Contact the MAC Office for additional information.