



Spring is right around the corner at the MAC. We've had a few nice days and it's been good to see the golf course and tennis courts utilized early in the year. Membership continues to grow and we are happy to report that since opening the Fitness Center we have doubled our membership base! This time of year is exciting for our area with improving weather, high school basketball, and NCAA March Madness. We hope that all of our members and programs participants enjoy the start of Spring in the Bluegrass.

*Aaron Greenwell
Executive Director*

Membership Updates

New Free Member Feature – Body Isolation 101

We are excited to continue Chris Biddle's Body Isolation FREE to MAC Members. MAC Member and Fitness Guru Chris Biddle will be offering consult on how to get the most out of your workout. Classes are held Saturdays at 9:00 a.m. unless otherwise noted. Target Specifics listed below:

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|-----------------------------------|---------------------------|
| March 2 WEDNESDAY@7:00 p.m.—Chest | March 12—Biceps/Triceps |
| March 19—Quads | March 26—Abs |
| April 2—Calves/Forearms | April 9—Hamstrings/Glutes |

Reminder of Children's Policy in the Fitness Center

- *We now have tablets available for you to check out for your child/children at the front desk. You can simply check out a tablet for your child with your Driver's License.*
- *In addition, we have dedicated an area by the cubbies equipped with some Lego's / Cars / Toys for the entertainment of kids at the MAC.*

The following rules will have been activated:

- **TO USE ANY FITNESS EQUIPMENT, ANY CHILD UNDER THE AGE OF 10 WILL HAVE TO PASS A SAFETY COURSE WITH A MAC STAFF MEMBER.** Must schedule time with front desk. Once they pass the Safety Course they will be issued a wristband to identify that they have indeed taken the course.
- **No child under the age of 5 is allowed on or around Fitness Equipment at any time.**
- **No child under 10 is to utilize live weights (Back/Corner Room and Free Weights).**

Restaurant

As most everyone knows, we took down the old restaurant in late February. While this brought up old memories for many, it will be a very positive thing for the MAC moving forward. We will be able to drastically improve the traffic flow and increase parking for the pool as a result. The original structure has had a new roof installed and will remain on the property. Many of our members will always have fond memories of the days when that building served as the clubhouse at HCC. We will also always remember Margaret Brown and the years of service she put in at that facility.

Gala

The MAC Board is working hard to lock down a date for our MAC Matters Gala. We have a good feeling of who the keynote speaker will be, and we are very excited to have this individual as our guest of honor. We are working out the final logistical details before making the announcement public. Previous guests of honor include Olympian Michael Johnson, tennis great Monica Seles, solo artist and member of the *Eagles* Don Henley, former *CBS Evening News* anchor Dan Rather, PGA golfer Kenny Perry, and entrepreneur and philanthropist Todd Wagner.

River Trace Golf

While we have experienced a mild winter thus far, everyone is ready for Spring to arrive and bring warmer

weather along with it. The golf course should have a great year based on all the efforts that are being made to get in the best shape possible. We have hired a contractor to fix the sink hole on #2/11. If everything goes as planned we should not only be able to stop the growth of the sink hole, but we should be able to close it up and stop water from forming at the bottom from heavy rain showers. Later this spring we will be adding some additional tee boxes on #9/18 that will allow it to be played from a multitude of angles and distances.

Please remember to check-in at the Golf Shop before every round.

- * March 1—Begin Posting Scores.
- * March 30—KGA removes all unpaid Handicap holders from the previous year.
- * May 14—Ryder Cup – River Trace vs. Doe Valley @ River Trace (NET HANDICAPPED EVENT THIS YEAR) 12
Players will qualify to play against Doe Valley in this annual outing. This will be a handicapped event. The event will be hosted at River Trace this year. If you would like more information contact Aaron Greenwell or Bob Pollock.

Spring Reminders:

- * Tuesday Men’s Scramble will (officially) start at 10:00 a.m. beginning in April.
- * Tuesday Couples Scramble will begin at 5:30 p.m. beginning in April.
- * Friday Gentleman’s League will (officially) start at 10:00 a.m. beginning in April.

Handicap Fees / Rental Carts / Driving Range

- USGA Handicap Fees will be \$24 for 2016.
- Member Cart Rental fees will be \$9.00 in 2016. The fee does allow for unlimited play on weekdays and 18 holes on weekends.
- We will continue to offer an Unlimited Cart Package to any membership for a monthly fee. (Annual Commitment) Please contact the office if you would like to add this feature.
- We will continue to offer the option for our members that allows for unlimited use of the driving range to be added as a monthly fee. This \$20.00 monthly fee can be added to your unit account on an annual basis. Contact the MAC office if you are interested in this new amenity.
- The Driving Range will continue to utilize hitting mats only through March. There will be a designated spot in the fenced in area for driver use. Please be courteous and mindful of the change.

General Reminders:

The River Trace Golf Shop has moved and is now housed in the new MAC facility. There will be a golf shop attendant from 8:00 a.m. – 7:00 p.m. daily weather permitting.

Programs

Registration for our Spring Session of MAC programs will begin soon. Programs will include Gymnastics, Martial Arts, The First Tee, and PGA Jr. Golf Leagues. Like most of our programs, they will fill quickly so be sure to get registered early.

Thank You for your support of the MAC!

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