

REGISTRATION

Drop off or mail registration form and fee to:
Meade Activity Center Office
493 Lawrence St, Brandenburg, KY 40108

***REGISTRATION DEADLINE:** 2 days prior to start date for all programs (space permitting).
Registration is accepted on a first-come/first-served basis. Programs will fill quickly, so please register early.

***CONTACT: 270 422-2227**

***Financial Assistance is available if needed to those who qualify**

Name: _____ Age: _____ Date of Birth: ____/____/____ M/F: _____

Race: _____ E-Mail Address: _____

Address: _____ City: _____ Zip: _____

Parent's Name: _____ Date of Birth: ____/____/____

Primary Phone: _____ Secondary Phone: _____

Contact Person: _____ Phone: _____

Note: All cancellations due to inclement weather will be announced via phone call.

Swim Lessons (AM)

____ Betta Session 2 \$32/\$40

____ Flounder Session 2 \$32/\$40

____ Grouper Session 2 \$32/\$40

____ Roughy Session 2 \$32/\$40

Swim Lessons (PM)

____ Betta Session 1 \$32/\$40

____ Betta Session 2 \$32/\$40

____ Flounder Session 1 \$32/\$40

____ Flounder Session 2 \$32/\$40

____ Grouper Session 1 \$32/\$40

____ Grouper Session 2 \$32/\$40

____ Roughy Session 1 \$32/\$40

____ Roughy Session 2 \$32/\$40

Golf

____ Golf Camp \$40/\$50

*****The First Tee \$32/\$40**

____ PLAYer (Ages 6-9)

____ PLAYer (Ages 10-14)

____ PAR (Ages 6-9)

____ PAR (Ages 10-14)

Taekwondo

____ Beginner \$72/\$90

____ Intermediate \$72/\$90

MAC Financial Assistance

In an effort to provide programming and membership opportunities to the entire community, the Meade Activity Center has developed the Fun and Fitness for Everyone Financial Assistance Program. Financial assistance is based on household income and is available to those who meet the financial qualifications. For additional information please contact the Meade Activity Center office.

MAC Membership Benefit

As an added reward to current MAC Members, all programming options will be available to Members at a 20% discount as indicated in the program guide.

MAC Mission Statement

To promote active lifestyles and a healthy community through education, wellness, and recreation opportunities for all.



SUMMER SESSION 2014

- *Swim Lessons**
- *Golf Camp**
- *The First Tee**
- *Taekwondo**

*Check us out online at
meadeactivitycenter.org*

"The MAC is not a building, it's about People"

493 Lawrence Street
Brandenburg, KY 40108
(270) 422-2227
(270) 422-7774 Fax
info@meadeactivitycenter.org

"At the MAC, We're Serious About Having Fun"

SWIM LESSONS

30 Minute Sessions

Limited to 8 Participants Per Session/Class

PRE-SCHOOL

Betta – (Ages 3-5)

For children who are new to swimming, have never had a lesson and need to adjust to the water. We will instruct your child on basic stroke and kicking skills, floating and pool safety.

Cost: \$40.00 (\$32.00 MAC Members)

Times: 9:30 a.m. OR 6:30 p.m.

Location: Meade Activity Center

Dates: Tue. June 3 – 24 (Session 1) PM

Tue. July 8 – 29 (Session 2) AM/PM

Flounder – (Ages 3-5)

Your child is comfortable in the water and able to swim five feet with their faces in water and no flotation device. They will learn to float, kick and coordinate progressive arm movements. Your child will become more independent by learning to swim long distances.

Cost: \$40.00 (\$32.00 MAC Members)

Times: 10:00a.m. OR 7:00 p.m.

Location: Meade Activity Center

Dates: Tue. June 3 – 24 (Session 1) PM

Tue. July 8 – 29 (Session 2) AM/PM

**Individual Swim Lessons will also be available to those who may be interested. For additional information, contact the Recreation Director once the pool season is underway. 270 422-2227 Ext. 103.*

SWIM LESSONS

30 Minute Sessions

Limited to 8 Participants Per Session/Class

ELEMENTARY

Grouper – (Ages 6-12)

A great beginner class for children 6 and older who may or may not have not had a swim lesson before. Participants may be fearful of the water, unable to tread water or float independently. Your child will gain confidence in the water by learning front, back and side stroke in the beginning level.

Cost: \$40.00 (\$32.00 MAC Members)

Times: 9:30 a.m. OR 6:30 p.m.

Location: Meade Activity Center

Dates: Thur. June 5 – 26 (Session 1) PM

Thur. July 10 – 31 (Session 2) AM/PM

Roughy – (Ages 6-12)

Your child is able to swim 1/2 the length of the pool comfortably on their front or back. At this level, they begin to swim longer distances and are introduced to rhythmic breathing and treading water.

Cost: \$40.00 (\$32.00 MAC Members)

Times: 10:00 a.m. OR 7:00 p.m.

Location: Meade Activity Center

Dates: Thur. June 5 – 26 (Session 1) PM

Thur. July 10 – 31 (Session 2) AM/PM

**Individual Swim Lessons will also be available to those who may be interested. For additional information, contact the Recreation Director once the pool season is underway. 270 422-2227 Ext. 103.*

GOLF

Youth Golf Camp – (Ages 5-14)

This camp is a week long program introducing and educating youth golfers about the game. Participants will learn fundamentals, rules and etiquette, and will participate in sessions and games covering full swing, short game and putting.

- Fees will include: All instruction, use of equipment, Play on Friday, cook out and Awards Banquet, T-Shirt and goodie bag
- Participants DO NOT have to provide their own clubs, though we encourage you to bring your own if available.

Cost: \$50.00 (\$40.00 MAC Members)

Times: 9:00 a.m. – 11:00 a.m. (M-TH)

9:00 a.m. – 12:00 p.m. (Friday)

Location: River Trace Golf @ MAC

Dates: June 16-20

Individual Golf Lessons: Contact the Executive Director, Aaron Greenwell, at 270 422-2227 Ext. 101.



THE FIRST TEE

The First Tee – (Ages 6-14)

The PLAYER and PAR Level* programs typically meet for 1 hour sessions. Classes will be held at the River Trace Golf Course. Classes are limited to a small number of participants so sign up well in advance to reserve your spot.

*PLAYER is designed for the beginner and PAR is designed for those who have completed three full sessions of the First Tee.

Ages: 6-9 **Times:** 5:00 p.m. – 6:00 p.m.

Ages: 10-14 **Times:** 6:00 p.m. – 7:00 p.m.

Cost: \$40.00 (\$32.00 MAC Members)

Location: River Trace Golf @ MAC

Dates: Thursdays, Aug. 14 – Oct. 2

TAEKWONDO

Beginner/Intermediate – Ages (8-18)

Students of taekwondo will develop precision and power in the execution of basic techniques including strikes, kicks, blocks and stances, as well as how to combine these techniques in sparring, forms, and self-defense moves. In addition to these sport specific skills, this program is also expected to improve endurance, strength, flexibility, concentration, self-control, confidence, emotional maturity, problem solving and social skills. Courses are offered in 3 month packages.

Cost: \$90.00 (\$72.00 MAC Members)

Times: 7:00 p.m. – 8:00 p.m. Beginner

8:00 p.m. – 9:00 p.m. Intermediate

Location: MCHS Wrestling Studio

Dates: Tue. & Thurs. June 17 – Sep. 4

Financial Assistance Available to those who qualify. Contact the MAC Office for additional information.