

REGISTRATION

Drop off or Mail registration form and fee to:
Meade Activity Center
493 Lawrence St, Brandenburg, KY 40108
(270) 422-2227

***REGISTRATION DEADLINE:** 2 days prior to start date for all programs (space permitting).
Registration is accepted on a first-come/first-served basis. Programs will fill quickly, so please register early.

Name: _____ Age: _____ Date of Birth: ____/____/____ M/F: _____

Race: _____ E-Mail Address: _____

Address: _____ City: _____ Zip: _____

Parent's Name: _____ Date of Birth: ____/____/____

Primary Phone: _____ Secondary Phone: _____

Contact Person: _____ Phone: _____

*Family information is needed for our collaboration with the Foundation for a Healthy KY and for future grant opportunities.

*Financial Assistance is available for those who qualify, call the MAC Office for details.

*Meade Activity Center Members receive a 20% discount on all programs.

_____ I am interested in being a coach for MAC Youth Basketball leagues
(Head Coach = \$10 discount)

Note: All cancellations due to inclement weather will be announced through our website and Facebook.

Youth Sports/Gymnastics

_____ Future Stars Sports (3-5): \$36/\$45

_____ Basketball (5-7): \$44/\$55

_____ Preschool Tumbling (3-4): \$36/\$45

_____ Jumpers (5-10): \$36/\$45

_____ Flippers (5-10): \$36/\$45

_____ Springers (9-12): \$36/\$45

_____ Cheer & Dance (7-12): \$36/\$45

Spring Fitness

_____ Gentle Hatha Yoga (16+): \$40/\$50

_____ Cardio Fusion (16+)

_____ Flaherty Elementary: \$32/\$40

_____ MCHS: \$32/\$40

_____ The First Tee

_____ (6-9): \$32/\$40 (PLAYer/PAR) circle one

_____ (10-14): \$32/\$40 (PLAYer/PAR) circle one

Shirt Size (circle one): Youth S Youth M Youth L Adult S Adult M Adult L

T-Shirts for all programs excluding Spring Fitness Classes and The First Tee

MAC Matters Gala

The Gala is an annual formal fundraising event held to raise capital and support for the Meade Activity Center. The event brings members of the community together and includes a silent auction followed by a catered dinner for attendees, and concludes with a question and answer session with a national celebrity. Special guests have included tennis legend Monica Seles, Eagles front-man Don Henley, legendary news anchor Dan Rather, and PGA Tour Member and championship golfer Kenny Perry. Monies raised from the Gala go to help fund MAC operations and projects throughout the year. In an effort to give back to the Meade County Community, financial assistance can be awarded through the Fun and Fitness for Everyone program. This funding is generated from the Gala and other fundraising ventures.

This year's guest of honor will be entrepreneur and philanthropist Todd Wagner. Todd and his wife Kari, a Meade County native, have played a huge role in the success of previous gala events.



SPRING SESSION 2014

- *Future Stars Sports
- *Youth Basketball
- *Gymnastics
- *Cheer & Dance
- *Gentle Hatha Yoga
- *Cardio Fusion
- *The First Tee

MAC'S MISSION

To promote active lifestyles and a healthy community through education, wellness, and recreation opportunities for all.

493 Lawrence Street
Brandenburg, KY 40108
(270) 422-2227
(270) 422-7774 FAX
info@meadeactivitycenter.org
www.meadeactivitycenter.org

"At the MAC, We're Serious About Having Fun"

SPRING YOUTH SPORTS

Future Stars Sports – (Ages 3-5)

This program is designed for children between the ages of 3 and 5 years old. Participants will learn the basic skills and rules for various sports including T-Ball, Basketball, Soccer, Flag Football, and Kickball. Each participant will receive a T-Shirt.

Cost: \$45.00 (\$36.00 MAC Members)

Time: 8:30 a.m. – 9:00 a.m.

Location: David T. Wilson Elementary

Dates: Saturdays, Mar. 15 – May 3

(No class March 29 & April 5, Spring Break)

Basketball – (Ages 5-7)

This program will be an instructional developmental basketball league focusing on fundamental skills and team building. Players will participate during a 6 week schedule. Practice and games will be held on the scheduled dates with coaches and MAC staff.

Cost: \$55.00 (\$44.00 MAC Members)

Times: 9:00 a.m. – 12:00 p.m. (1 Hour/Week)

Location: David T. Wilson Elementary

Dates: Saturdays, Mar. 15 – May 3

(No class March 29 & April 5, Spring Break)

SPRING GYMNASTICS & CHEERLEADING

Jumpers – (Ages 5-10)

In this class children will learn basic stretching, log rolls, forward rolls, backward rolls, basic splits, headstands, into cartwheels, and several types of jumps.

Cost: \$45.00 (\$36.00 MAC Members)

Times: 9:30 a.m. – 10:15 a.m.

Location: David T. Wilson Elementary

Dates: Saturdays, Mar. 15 – May 3

(No class March 29 & April 5, Spring Break)

Flippers – (Ages 5-10)

Children will build from the Jumpers class and will also learn how to do handstands, bridges, cartwheels, hurdles, handstand rolls, and snap downs.

Cost: \$45.00 (\$36.00 MAC Members)

Times: 10:15 a.m. – 11:00 a.m.

Location: David T. Wilson Elementary

Dates: Saturdays, Mar. 15 – May 3

(No class March 29 & April 5, Spring Break)

Springers – (Ages 9-12)

Children will build from Flippers and will learn cartwheels, roundoffs, and back handsprings.

Cost: \$45.00 (\$36.00 MAC Members)

Times: 10:15 a.m. – 11:00 a.m.

Location: David T. Wilson Elementary

Dates: Saturdays, Mar. 15 – May 3

(No class March 29 & April 5, Spring Break)

SPRING GYMNASTICS & CHEERLEADING

Cheer & Dance – (Ages 7-12)

Children will learn basic cheers, jumps, tumbling, and dance used in cheerleading. Participants will build on these skills and perform a routine at the end of each session.

Cost: \$45.00 (\$36.00 MAC Members)

Times: 11:00 a.m. – 11:45 a.m.

Location: David T. Wilson Elementary

Dates: Saturdays, Mar. 15 – May 3

(No class March 29 & April 5, Spring Break)

SPRING FITNESS

Gentle Hatha Yoga – (Ages 16+)

A gentle mat yoga practice utilizing deep breathing techniques and controlled movement to stimulate the muscles while protecting the joint structures.

Cost: \$50.00 (\$40.00 MAC Members) 8 Visits

Times: 5:30 p.m. – 6:30 p.m.

Location: MCHS Wrestling Studio

Dates: Mondays, classes begin Mar. 10

SPRING FITNESS

Cardio Fusion and Strength – (Ages 16+)

Kick, punch and groove your way to better health in this fun, effective cardio kick-box and dance fusion class that includes strength training to ensure maximum calorie burn and muscle tone. Perfect for all fitness levels. We cover it all, head to toe!

Cost: \$40.00 (\$32.00 MAC Members) 8 Visits

Times: 6:00 p.m. – 6:50 p.m.

Location: Flaherty Elementary

Dates: Thursdays, Mar. – May

Cost: \$40.00 (\$32.00 MAC Members) 8 Visits

Times: 6:30 p.m. – 7:20 p.m.

Location: MCHS Wrestling Studio

Dates: Mondays, classes begin Mar. 24

THE FIRST TEE

The First Tee – (Ages 6-14)

The PLAYER and PAR Level* programs typically meet for 1 hour sessions. Classes will be held at the River Trace Golf Course. Classes are limited to a small number of participants so sign up well in advance to reserve your spot.

**PLAYER is designed for the beginner and PAR is designed for those who have completed three full sessions of the First Tee.*

Ages 6-9

Cost: \$40.00 (\$32.00 MAC Members)

Times: 5:00 p.m. – 6:00 p.m.

Location: River Trace Golf @ MAC

Dates: Thursdays, Apr. 17 – Jun. 5

Ages 10-14

Cost: \$40.00 (\$32.00 MAC Members)

Times: 6:00 p.m. – 7:00 p.m.

Location: River Trace Golf @ MAC

Dates: Thursdays, Apr. 17 – Jun. 5

SPRING GYMNASTICS & CHEERLEADING

Preschool Tumbling – (Ages 3-4)

Children will learn basic stretching, movements, balance coordination, and beginning tumbling.

Cost: \$45.00 (\$36.00 MAC Members)

Times: 9:00 a.m. – 9:30 a.m.

Location: David T. Wilson Elementary

Dates: Saturdays, Mar. 15 – May 3

(No class March 29 & April 5, Spring Break)

Financial Assistance Available to those who qualify. Contact the MAC Office for additional information.