REGISTRATION

Drop off or mail registration form and fee to: Meade Activity Center Office 493 Lawrence St, Brandenburg, KY 40108

*REGISTRATION DEADLINE: 2 days prior to start date for all programs (space permitting). Registration is accepted on a first-come/first-served basis. Programs will fill quickly, so please register early.

*CONTACT: 270 422-2227

(Golf Camp Only)

*Financial Assistance is available if needed to those who qualify

ame	Age: Date of Birth:	
Race:	E-Mail Address:	
Address:	City:	Zip:
Parent's Name:		Date of Birth:/
Primary Phone:	Secondary Phone: _	
Contact Person:	Phone:	
Note: All cancellations due to incler	ment weather will be announced via	phone call.
Swim Lessions (AM)	Swim Lessions (PM)	Golf
Betta Session 1 \$32/\$40	Betta Session 1 \$32/\$40	Golf Camp \$40/\$50
Betta Session 1 \$32/\$40 Betta Session 2 \$32/\$40	Betta Session 1 \$32/\$40 Betta Session 2 \$32/\$40	Golf Camp \$40/\$50
		Golf Camp \$40/\$50 ***The First Tee \$28/\$35
Betta Session 2 \$32/\$40	Betta Session 2 \$32/\$40	***The First Tee \$28/\$35
Betta Session 2 \$32/\$40 Flounder Session 1 \$32/\$40	Betta Session 2 \$32/\$40 Flounder Session 1 \$32/\$40	***The First Tee \$28/\$35Player (Ages 6-9)
Betta Session 2 \$32/\$40Flounder Session 1 \$32/\$40Flounder Session 2 \$32/\$40	Betta Session 2 \$32/\$40 Flounder Session 1 \$32/\$40 Flounder Session 2 \$32/\$40	***The First Tee \$28/\$35Player (Ages 6-9)Player (Ages 10-14)
Betta Session 2 \$32/\$40 Flounder Session 1 \$32/\$40 Flounder Session 2 \$32/\$40 Grouper Session 1 \$32/\$40	Betta Session 2 \$32/\$40 Flounder Session 1 \$32/\$40 Flounder Session 2 \$32/\$40 Grouper Session 1 \$32/\$40	***The First Tee \$28/\$35 Player (Ages 6-9) Player (Ages 10-14) Water Fitness

MAC Financial Assistance

In an effort to provide programming and membership opportunities to the entire community, the Meade Activity Center has developed the Fun and Fitness for Everyone Financial Assistance Program. Financial assistance is based on household income and is available to those who meet the financial qualifications. For additional information please contact the Meade Activity Center office.

MAC Membership Benefit

As an added reward to current MAC Members, all programming options will be available to Members at a 20% discount as indicated in the program guide.

MAC Mission Statement

To promote active lifestyles and a healthy community through education, wellness, and recreation opportunities for all.



SUMMER SESSION 2013

*Swim Lessons
*Golf Camp
*The First Tee
*Water Fitness
*Volleyball

Check us out online at meadeactivitycenter.org

"The MAC is not a building, it's about People"

493 Lawrence Street Brandenburg, KY 40108 (270) 422-2227 (270) 422-7774 Fax info@meadeactivitycenter.org

"The MAC is not a building, it's about People"

SWIM LESSONS

30 Minute Sessions Limited to 8 Participants Per Session/Class PRE-SCHOOL

$\underline{\text{Betta}}$ – (Ages 3-5)

For children who are new to swimming, have never had a lesson and need to adjust to the water. We will instruct your child on basic stroke and kicking skills, floating and pool safety.

Cost: \$40.00 (\$32.00 MAC Members)
Times: 9:30 a.m. OR 6:30 p.m.
Location: Meade Activity Center
Dates: Tuesdays, June 4 – 25 (Session 1)

Tuesdays, July 9 – 30 (Session 2)

Flounder - (Ages 3-5)

Your child is comfortable in the water and able to swim five feet with their faces in water and no flotation device. They will learn to float, kick and coordinate progressive arm movements. Your child will become more independent by learning to swim long distances.

Cost: \$40.00 (\$32.00 MAC Members) Times: 10:00a.m. OR 7:00 p.m. Location: Meade Activity Center

Dates: Tuesdays, June 4 – 25 (Session 1) Tuesdays, July 9 – 30 (Session 2)

*Individual Swim Lessons will also be available to those who may be interested. For additional information, contact the Recreation Director once the pool season is underway. 270 422-2227 Ext. 103.

SWIM LESSONS

30 Minute Sessions Limited to 8 Participants Per Session/Class ELEMENTARY

Grouper – (Ages 6-12)

A great beginner class for children 6 and older who may or may not have not had a swim lesson before. Participants may be fearful of the water, unable to tread water or float independently. Your child will gain confidence in the water by learning front, back and side stroke in the beginning level.

Cost: \$40.00 (\$32.00 MAC Members) **Times:** 9:30 a.m. OR 6:30 p.m.

Location: Meade Activity Center

Dates: Thursdays, June 6 – 27 (Session 1) Thursdays, July 11 – Aug 1 (Session 2)

<u>Roughy</u> – (Ages 6-12)

Your child is able to swim 1/2 the length of the pool comfortably on their front or back. At this level, they begin to swim longer distances and are introduced to rhythmic breathing and treading water.

Cost: \$40.00 (\$32.00 MAC Members) Times: 10:00 a.m. OR 7:00 p.m. Location: Meade Activity Center

Dates: Thursdays, June 6 – 27 (Session 1) Thursdays, July 11 – Aug 1 (Session 2)

*Individual Swim Lessons will also be available to those who may be interested. For additional information, contact the Recreation Director once the pool season is underway. 270 422-2227 Ext. 103.

GOLF

Youth Golf Camp - (Ages 5-14)

This camp is a week long program introducing and educating youth golfers about the game. Participants will learn fundamentals, rules and etiquette, and will participate in sessions and games covering full swing, short game and putting.

- Fees will include: All instruction, use of equipment, Play on Friday, cook out and Awards Banquet, T-Shirt and goodie bag
- Participants DO NOT have to provide their own clubs, though we encourage you to bring your own if available.

Cost: \$50.00 (\$40.00 MAC Members)
Times: 8:00 a.m. — 10:00 a.m. (M-TH)
8:00 a.m. — 11:30 a.m. (Friday)
Location: River Trace Golf @ MAC

Dates: June 24-28

The First Tee – (Ages 6-14)

The PLAYer Level is an eight week program that typically meets for 1 hour sessions. PLAYer classes will be held at the Meade Activity Center on Thursdays. PLAYer classes are limited to a small number of participants so sign up well in advance to reserve your spot.

Cost: \$35.00 (\$28.00 MAC Members)

Times:

Ages: 6-9 5:00 p.m. −6:00 p.m. **Ages 10-14** 6:00 p.m. −7:00 p.m. **Location:** River Trace Golf @ MAC

Dates: Thursdays, August 8 – September 26

*Individual Golf Lessons will be offered beginning in June to those who may be interested. For additional information, contact the Executive Director, Aaron Greenwell, at 270 422-2227 Ext. 101.

ADULTS

Water Fitness - Ages 18+

This program will provide an opportunity for water fitness and cardiovascular exercise. In addition participants will work towards strengthening core muscles and improve range of motion. This is a low-impact program to benefit all ages.

Cost: \$20.00 (FREE TO MEMBERS!)
Times: 9:00 a.m. – 9:45 a.m.
Location: Meade Activity Center
Dates: Wednesdays, June 12 – July 3

Volleyball League – Ages 14+

This Co-ed League will take place on the MAC Sand Volleyball court. Each team MUST have at least 2 Female Players. Maximum number of players per team is 8. League will run for 7 weeks to be followed by a tournament

Cost: \$100/team Times: TBA

Location: Meade Activity Center **Dates:** Thursday Evenings, June/July