

# MAC Holiday Fitness Series

10th Annual  
Jingle Bell Trot

1st Annual  
Hobknob Over Bee Knob

1st Annual  
New Year's Day Fun Run



December 4, 2012

The Meade Activity Center is hosting 3 races including the Jingle Bell Trot and 2 new events that will makeup the MAC Holiday Fitness Series. We hope that you will join us for some camaraderie and friendly competition. Please pre-register for all races using registration form on back or call the MAC office.

## Hobknob Over Bee Knob

<p>Date: Saturday, November 17, 2012 Time: 8:00 a.m. Start Location: Flaherty Ball Park Cost: \$15 Adult/\$10 Child</p>	<p>Enjoy the scenic Flaherty countryside in the first leg of the MAC Holiday Fitness Series. This event will feature a 1 mile walk/run, 5K, and 10K options. All runners will receive a T-shirt and top finishers will receive awards.</p>
-------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

## Jingle Bell Trot

<p>Date: Tuesday, December 4, 2012 Time: 6:30 p.m. Start Location: Meade County High School Cost: Free</p>	<p>Free shirts go to the first 200 people who register for this free event! Walk, jog, or trot from Meade County High School down to the Christmas by the River lights and back to the school. Form a Trot Team where clothing, colors, or Christmas attire that denotes your team and win in one of four categories: largest—business, school, family, or miscellaneous.</p>
------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

## New Year's Day Fun Run

<p>Date: January 1, 2013 Time: 10:00 a.m. Start Location: Farm Bureau Community Building Cost: \$15 Adult/\$10 Child</p>	<p>Start the year off right with a brisk 5K, 10K, or 20K run through historic Brandenburg. Bring your favorite dish for a pot luck brunch to follow. All runners will receive a T-shirt.</p>
--------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

**"Those who register for all three races receive a wicking sport shirt for supporting the series."**



493 Lawrence Street, Brandenburg, KY 40108 • 270-422-2227 • 270-422-7774 FAX • info@meadeactivitycenter.org